

# Zero Suicide Learning Collaborative

November 22nd, 2022

Welcome!

Via Chat, let us know:

Your name

Your organization (if from a large system, please provide facility too)

And your response to: What's a sound that brings you comfort?



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# Agenda

- Community Check-In & Reflections
  - Via chat- name, organization, and your response to:  
What's a sound that can bring you comfort or peace?
- Session Focus: LC needs, wants, desires \\  
Culturally responsive in ZS Implementation

If you need help, please reach out via chat.

# Learning Collaborative: **NEEDS, WANTS, DESIRES**

- What we heard from you
- Items in the works
- What more you'd love to see/hear/receive



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**Themes we  
have heard  
from you**



**Maintaining  
Momentum**

**Communicating  
the Why**

**Data and  
Tracking  
Outcomes**

**Priority  
Populations**

**Training**



Using the  
workforce  
survey to  
create training  
plan and track  
progress

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Funding the  
Model

Provider  
wellbeing,  
turnover &  
burnout

Safety  
Planning and  
Lethal Means  
Safety

Care  
Coordination/  
Follow Up





## POSSIBLE STRUCTURES

Mix of Presentations, Small  
Group breakouts, and Open  
Collaborative Discussions

Monthly works for most

Breakout sessions or office  
hours based on setting type  
(i.e. hospital, CMHC, Primary  
Care, etc)





# SESSIONS IN THE WORKS



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# SNEAK PEEK:

**December:** Centering provider wellbeing in health systems' quality improvement efforts

**January:** Trauma-informed care and suicide prevention

**February:** Change management and ZS implementation

**March:** Updates on provider wellbeing and Adult Resiliency Curriculum (ARC)



**How can we be helpful?**



**-POLLS-**

**Lead.  
Train.  
Identify.  
Engage.  
Treat.  
Transition.  
Improve.**

**Feel free to chat in ideas!**



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# Culturally responsive care and ZS Colorado

- What is “culturally responsive care” and why does it matter for suicide prevention?
- What does this look like for Colorado patients?
- Resources, training, & next steps





# The WHAT: culturally responsive care

- Culturally responsive care: *an overarching term for health care that meets patients' social, cultural, and linguistic needs.*
- Not a one-size-fits-all approach
- Some examples
  - Translation services / access to providers who speak and materials in language of those served
  - Offering trauma-responsive care
  - Using affirming pronouns around gender identity and/or affirming sexual orientation



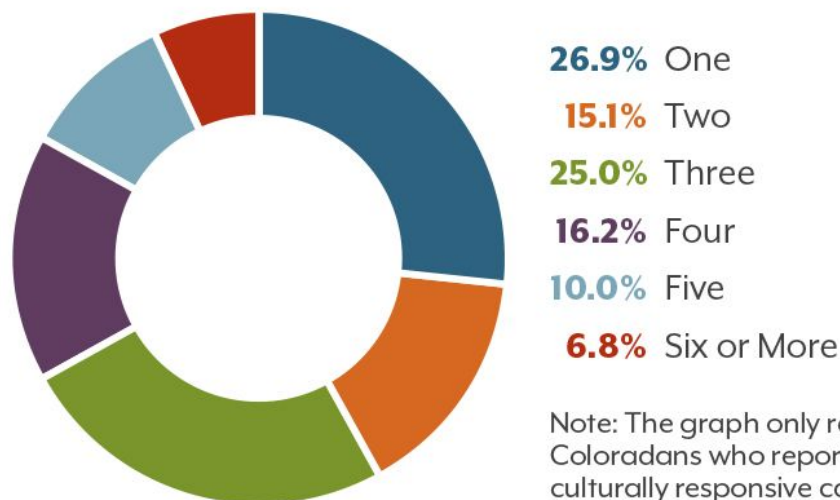
# Insights from 2021 Colorado Health Access Survey + Colorado Health Institute

**1 in 14 Coloradans  
(~388,000 people)**  
reported needing health  
care that was responsive  
to a unique need or part  
of their identity

- language, culture, & race
- sexual orientation and gender identity
- disability and chronic conditions
- homelessness
- trauma

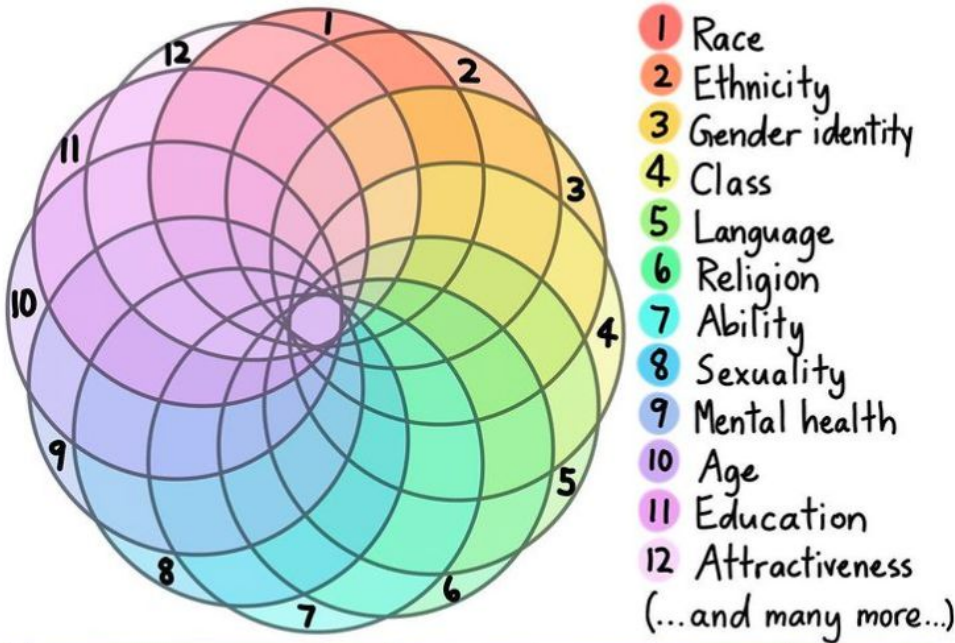
**Figure 1: Multiple Characteristics or Experiences Affected the Health Care Needs of Most Coloradans Who Needed Culturally Responsive Care**

Number of characteristics for which Coloradans needed culturally responsive care, by percentage, 2021



# Intersectionality and ZS Implementation

## INTERSECTIONALITY



Intersectionality is a lens through which you can see where power comes and collides, where it locks and intersects. It is the acknowledgement that everyone has their own unique experiences of discrimination and privilege.

- Kimberlé Crenshaw -

@sylviaaduckworth

- 3 / 4 of those in CO needing responsive care said **they received it (an increase)**
- 1 in 5 of those needing responsive care in CO did not seek care bc of fear of being treated poorly

## The WHY: culturally responsive care & ZS

- Quality of and trust in care interactions
- Likelihood of healing / further care connections
- Addressing disparities improves care for all patients
- Opportunity to collaborate with community groups and patients who have received services





# Prioritize trainings and systems changes that promote culturally responsive care

- Providing translation services or access to clinicians and staff who speak languages other than English
- Acknowledging the role that historical trauma and current oppression can play in patients' health
  - Offering trauma-responsive care, which can include not forcing patients to unnecessarily retell their stories and avoiding language that blames patients for their trauma
- Avoiding assumptions about and embrace patients' preferred pronouns or sexual orientation
- Incorporating non-Western healing practices, such as Native American traditional healing ceremonies
- Demonstrating understanding of the fact that people's disabilities do not need to be fixed



# Prioritize trainings and systems changes that promote culturally responsive care

- Understand intersections of current events and components of identity as they relate to care; update DEI strategies
  - “Millennials, Gen Zers, caregivers, LGBTQ+, Black, and Latinx respondents were all significantly more likely to leave roles due to mental health issues” (Greenwood & Anas, 2021); less likely to participate in employee ERGs
- Use data to understand region-specific trends and disparities
  - [Colorado Suicide Death Data Dashboard](#)
- Make screening and intake forms comprehensive and reflective of the patients served; examples from Wellpower
- Use community health workers and programs (i.e., RHCs)
- Hire and retain staff that is reflective of patients served



# Goal of the Learning Collaborative space

- **August 2021:** Jess Stohlmann-Rainey and the power of peers / elevating voices of Lived Experience
- **November 2021:** Responsive Care for Veterans
- **March 2022:** Responsive Care for Latinx patients
- **June 2022:** Authentic Community Engagement to Build Rapport with Immigrant and Refugee Communities
- **July 2022:** Colorado Coalition using the Workforce Survey and Community Advisory Board (CAB)
- **October 2022:** Culturally Responsive Care for LGBTQ+ patients
- **2023 sessions:** trauma-informed care, suicide prevention & Native populations, farmers/ranchers mental health, disability justice and chronic conditions, stigma, + ???



# Opportunities / resources / ideas for next steps

- Generally, training approaches that teach facts about specific groups are best combined with cross-cultural, skill-based approaches that can be universally applied (like CAMS)!
  - **Stanford Muslim Mental Health & Islamic Psychology Lab**; [provides resources](#) to clinicians, researchers, trainees, educators, community, and religious leaders working with or studying Muslims (for example, the Muslim Community Suicide Response Manual)
  - [Free, on-demand training](#) on how to be Anti-Racist in the Everyday Practice of Public Health (CE) from Region 5 Public Health Training Center
  - [AACP - SMART Tool](#), the Self Modification of Anti-Racism Tool (SMART)
  - [Trauma-Informed Suicide Screening and Assessment](#) Toolkit





# Sources

- *Diverse State, Diverse Needs Coloradans' Needs and Experiences Highlight Demand for Culturally Responsive Care (July 2022).*  
[https://www.coloradohealthinstitute.org/sites/default/files/file\\_attachments/Culturally%20Responsive%20Care\\_0.pdf](https://www.coloradohealthinstitute.org/sites/default/files/file_attachments/Culturally%20Responsive%20Care_0.pdf)
- *Why Intersectionality Matters at Work (December, 2021).*  
<https://sites.psu.edu/kbenefield/2021/12/intersectionality/>
- *Language and Culturally Responsive Care in Colorado: Barriers, Access, and Room for Improvement (March, 2022).*  
<https://www.coloradohealthinstitute.org/research/language-and-culturally-responsive-care-colorado>
- *Cultural Competence in Health Care: Is it important for people with chronic conditions? (GU Health Institute).*  
<https://hpi.georgetown.edu/cultural/>



# Updates

- Resources from the OSP
  - **Free:** Veteran-Ready military cultural awareness training
    - [psycharmor.org/sign-up/colorado-department-of-public-health-environment/?gid=357251&unYBQ/xF2wDRs](https://psycharmor.org/sign-up/colorado-department-of-public-health-environment/?gid=357251&unYBQ/xF2wDRs)
  - **Free:** Start Gatekeeper training resources still available!
    - [cdphe.colorado.gov/suicide-prevention/training](https://cdphe.colorado.gov/suicide-prevention/training)
  - [Hard copy materials](#) available!
  - [QPR/MHFA](#) booklets for non-grantees
  - Colorado Zero Suicide Website Version
    - [cdphe.colorado.gov/suicide-prevention/zero-suicide-colorado](https://cdphe.colorado.gov/suicide-prevention/zero-suicide-colorado)





*Thank you!*

Next Meeting:  
Thursday, Dec 22nd from 10 – 11 am  
Centering provider wellbeing in health systems'  
quality improvement efforts

Email topic suggestions, questions, needs to  
[Conlin.Bass@state.co.us](mailto:Conlin.Bass@state.co.us)



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